



17º CONGRESSO BRASILEIRO DE GASTROENTEROLOGIA PEDIÁTRICA

Construindo pontes entre a ciência e o cuidado

PORTO DE GALINHAS - PERNAMBUCO

Trabalhos Científicos

Título: Secondary Anticoagulation Prophylaxis For Catheter Related Thrombosis In Pediatric Intestinal Failure

Autores: Melanie Lissa Schmidt 1, Leonardo R. Brandão 1, Emily Gottschalk 1, Christina Belza 1, Paul W Wales 1, Yaron Avitzur 1

Resumo: **Objetivo(s)** Catheter related thrombosis (CRT) is a concerning long-term complication in intestinal failure (IF) but the optimal preventive therapy is unknown. This study assessed the efficacy and safety of secondary anticoagulation prophylaxis with low molecular weight heparin (LMWH). **Método** This is a single center, retrospective study of children (N=23) on home parenteral nutrition for IF with one episode of CRT. Secondary anticoagulation prophylaxis was initiated once a first thrombus was identified and continued indefinitely or until line removal. Primary outcome was recurrence or progression of CRT. **Resultados** Median age at first CRT was 6 months (IQR 2-32) and median follow-up was 19.5 (IQR 16.4-32.6) months. CRT frequency was similar in PICC lines and tunneled catheters (22% vs 24.1%, $p=0.79$) and insertion side (23.3% vs 22.9%, $p=0.96$). Eleven patients received therapeutic anticoagulation for a median of 3 months before secondary prophylaxis. Nine patients (36%) experienced progression or new CRT over a median of 22.9 months (IQR 14.7-28.9). Etiology or bowel anatomy was not associated with treatment failure. Therapeutic anticoagulation for over 12 weeks (12.5% vs 47%, $p=0.09$) and lower number of CLABSI events per 1,000 catheter days (0.65 vs 9.11, $p=0.15$) showed a trend towards reduced CRT recurrence. One patient discontinued anticoagulation prophylaxis following GI bleeding and two at the family and patients request. Medication adherence was good in 88% of patients. **conclusão(ões)** Secondary CRT prophylaxis with LMWH is effective in 64% of the patients and well tolerated. Further studies are needed to determine the optimal length of treatment and dosing.